



APEX MIND COLLECTIVE PVT. LTD

TRAINING & CAPACITY BUILDING



Behaviour-focused learning
programs for organisations,
educators and communities

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Basishtha, Guwahati, Assam





WHO WE ARE

About Apex Mind Collective

Apex Mind Collective Pvt. Ltd. is a Guwahati-based mental wellbeing and organisational learning company. We work at the intersection of psychology, capacity building and digital innovation to design training that changes behaviour, not just awareness.

Guided by our motto, “Nurturing Minds, Transforming Lives,” our training vertical helps organisations, schools and communities build the human skills that sustain performance — leadership, communication, resilience and wellbeing.

VISION

To empower individuals and organisations to foster healthier, more engaged and purpose-driven workplaces and communities.

MISSION

To design and deliver accessible, evidence-informed training in leadership, communication and wellbeing that builds resilient, purpose-driven teams.

Why Organisations Choose Us

Behaviour-Focused

Training designed to shift observable behaviour, not just deliver information.

Multidisciplinary Expertise

A panel of resource persons across psychology, leadership and technical domains.

Customised for You

Every module is contextualised to your organisation's real challenges.

Built for Sustainable Change

Experiential methods that help learning translate into lasting habits.

Our Training Programs



From leadership behaviour to statutory compliance and digital skills, our programs are built by a multidisciplinary panel of resource persons and customised to your organisation's context.

Elevate **LEADERSHIP & MOTIVATION**

An innovative program for employees focused on motivation, leadership and communication – designed to build self-aware, engaged teams.

Capacity Building **STATUTORY & COMPLIANCE**

Customised statutory training on safety, regulations, POSH and office procedures, delivered in an experiential, practice-oriented format.

Upskills **TECHNICAL SKILLS**

Hands-on training to strengthen technical proficiency across the MS Office suite – Word, Advanced Excel, PowerPoint and Power BI.

Nurturing Young Minds **SCHOOL WELLBEING PROGRAM**

A school-focused initiative that builds teachers' emotional awareness so they can create classrooms where students manage emotions in healthy ways.

Workshops & Mindfulness **AWARENESS & RESILIENCE**

Programs that build practical understanding of emotional wellbeing, paired with guided mindfulness sessions for stress management and self-regulation.



LEARNING THAT STICKS

We integrate leadership development, behavioural science, communication and mindfulness into a single learning experience. Through interactive exercises, simulations, case discussions and workplace-based activities, participants translate learning into observable behavioural change – not a one-day motivational spike, but self-aware leaders, resilient employees and collaborative teams built to last.

Core Areas of Work

Capacity Building & Wellbeing Training

Emotional Resilience Training

Digital Mental Health Solutions

Counselling & Therapy Services

Mental Wellbeing Promotion

Community Outreach & Awareness

